

FREE

Vol. 22 Issue 41/11

Friday 14th - Thursday 20th October 2011

KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Email: info@kinsaleadvertiser.com :: Fax: 021 477 4339

UPDATE YOUR WARDROBE WITH
**AFFORDABLE
AUTUMN LOOKS**

Jane

Boutique & Accessories

Shearwater, Pier Road. T:021 477 4910

COLOURFUL TOPS

from €39

**FUNKY DRESSES
FOR ALL OCCASIONS**

from €49

COSY WINTER COATS

from €79

FASHION BAGS

from €39

SILK PRINTED SCARVES

from €19

NEW LABELS NOW IN STORE:
DARCY & AMARILLOLIMON!!!



Gift Vouchers Available

Kinsale Gift Card Accepted Here!

Tuesday - Saturday: 10.30am - 5.30pm
Sunday & Bank Holidays: 2.00pm - 5.30pm





10% DAY
SATURDAY OCTOBER 15th

**10% OFF
EVERYTHING**
**INCLUDING PRODUCTS
ALREADY ON PROMOTION
AVAILABLE SATURDAY
OCT 15th ONLY!!!**

BUSINESS AS USUAL!

**PLEASE BEAR WITH US DURING OUR CURRENT RE-CONSTRUCTION.
WE APOLOGISE FOR ANY INCONVENIENCE CAUSED.**

AMPLE FREE PARKING.

OPEN MON - FRI 8.30am - 5.30pm & SAT 8.30am - 4.30pm

CrowleysDFK

Chartered Accountants



Get the right tax advice
for your business.
Talk to the experts at
Crowleys DFK.

The **31st October** and **15th November**
tax deadlines are fast approaching.
Our dedicated tax team will give you the best
advice and tips on how to meet your obligations.

We specialise in advising owner managed businesses
and private individuals like you.



To find out what Crowleys DFK can do for
your business, contact our locally based
Manager, Seamus Hayes, on

Tel: 021 4272900
Mob: 087 9309064
Email: shayes@crowleysdfk.ie

Visit us at www.crowleysdfk.ie





Perryville House

Gift Shop &
Garden Tea Room

Serving:
Breakfast from 9am

Morning Tea
& Coffee

Delicious Lunch,
12noon to 3pm

Afternoon Tea

Open Monday-Saturday
10am to 6pm

Tel: 021 477 2731
www.perryvillehouse.com

The Market Garden

NOW AT PEARSE ST., KINSALE.

GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,
Dried Fruit, Nuts, Spices and Herbs...

Fruit Baskets Prepared Potatoes & Vegetables.

Open
Mon - Sat
9am to 6pm



NEW Telephone Number: 021 4709 867

Joy's Relaxation & Therapy Centre

BALINESE, THAI, MALAY AND SWEDISH MASSAGE



IDEAL FOR STRESS RELIEF

Specialising in:

Slimming Thai Style • Facial Firming
Back Massage • Head Massage
Foot Reflexology • Hot Stone Massage
Sports Injuries A Speciality

7 Pearse Street, Kinsale

T: 021 470 0985

M: 086 368 3968

Also: Church Yard Lane, Well Road, Douglas, Cork.
T: 021 493 6732 / M: 086 041 6338

Gift Vouchers Available An Ideal Healthy Gift

Spectacular harbour views from bar, restaurant, patio & beer garden.

The Speckled Door

Old Head, Kinsale

**LUNCH SERVED DAILY
THROUGHOUT THE WINTER**



www.speckleddoor.com
T: 021 477 8243



Are you planning a Special Function or Event in Kinsale?



*We'd be delighted to help you plan your...
Birthday, Fundraiser, Christening, Family Get-together,
Christmas Party, Wedding Reception*

*Enjoy truly delicious food, wonderful live entertainment and superb value
...in a spectacular location!*

*To discuss your event requirements or for
further information, please feel free to contact our Conference & Banqueting Team*

T: 021 477 9300 or email: cb@tridenthotel.com

Fundraising Concert

*in aid of
Building of Hope Project*

Following their sold out debut
performance in 2009
Direct from Wales

The Morrison Orpheus Choir



**Sunday 6th November
St. Multose Church,
Kinsale @ 7.30pm**

"Five standing ovations at Carnegie Hall, New York"
- Independent on Sunday

Tickets €20, available from
**The White House
Kinsale**



JIM EDWARDS BAR & RESTAURANT

Available All Day from 12pm

- ~ Bar & Restaurant Menus
- ~ Lite Bite Menu
- ~ Special Value Dinner Menu
2 Course: €20 - 3 Course: €25
- ~ Lunch Menu & Daily Specials
- ~ Sunday Lunch (4 Course) €23.90



**Gift Vouchers Available*
*Excellent Ensuite Accommodation**

Tel: 021 477 2541

www.jimedwardskinsale.com

Le French Club

Now enrolling for:



**Leaving Certificate
Oral French Classes**

§

**French Junior Certificate
Preparation Classes**

§

€65.00 for 8 weeks courses

Starting Monday 5th of November

In Kinsale Gael Scoil

Hurry & Book now!!!

087 6443574

or 086 1921261

lefrenchclub@gmail.com

Limited places available



Anika & Sandra

Massage, Beauty & Nail

(located in Kinsale, above House of Hair, in Guardwell)

Tel: 087 783 9626

Treatments offered by highly Qualified therapists at reasonable prices.

~ Massage ~

- Back, Neck & Shoulder Massage (30min): €20
- Multivitamin Full Body Massage (60min): €40
- Swedish Massage (60min): €40
- Deep Tissue Massage (60min): €40
- Sport Massage (60min): €40
- Golfer's Massage (60min): €40

~ All our massages are suitable for Ladies, Gents & Teenagers ~

~ Nails ~

- Spa Pedicure: €35
- Wellness Pedicure: €45
(this treatment includes a luxurious pedicure, feet exfoliation, mask, and leg massage)
- Spa Pedicure & Manicure: €45
- *New* 2 Week Nail Varnish: €20
- Gel Nails (with nail art): €45
- Men's Pedicure: €30-€35

~ Beauty ~

- Multi-Vitamin Facial (90min) €50
(with free eyebrow wax/tweeze, hand-massage, eyelash/eyebrow tint)
- Microdermabrasion Facial €50
(with free eyebrow wax/tweeze, hand massage, eyelash tint)
- Beauty Facial (60min) €45
(with eyebrow wax/tweeze, hand massage, eyelash tint)
- Eyelash & Eyebrow Tint with Eyebrow Shape €18
- Spray Tan, Full Body €25

Beauty Pamper Package (2hrs): €80

(Full body massage & 60 min anti-age facial)

Body Scrub + 60min Aromatherapy Massage €50

Gift Vouchers Available – the ideal present

KINSALE COMMUNITY SCHOOL

Principal:
Mr Seán Ó Broin



Deputy Principal:
Ms Kathleen O'Brien

OPEN NIGHT

for prospective students currently
in sixth class and their parents

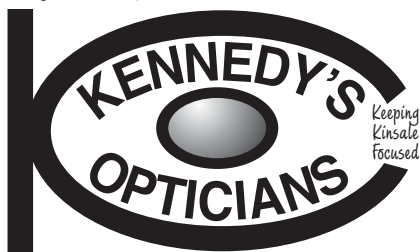
Tuesday 18 October
7.15pm until 9pm

Principal's Address: 8.15pm

Tel: 021 477 3174

Email: info@kinsalecommunityschool.ie
www.kinsalecommunityschool.ie

For all your optical requirements, with professional care & attention!



Pearse St., Kinsale T: 021 4773595

**LOTS OF NEW FRAMES
NOW IN STOCK**

Sunglasses • Low Vision Aids • Prescription Sunglasses •
Domiciliary/ Home visits • Medical Cards/PRSI welcome
Contact Lenses • Coloured Contact Lenses • Safety Spectacles

FULL EYE EXAMINATIONS INCLUDING:

✓ Glaucoma Screening ✓ Diabetic Screening if Necessary
✓ Age Related Macular Degeneration Screening

Medical Card & PRSI customers very welcome!!!

TUESDAY TO THURSDAY: 9.30am-5.30pm

FRIDAY: 8.30am-5.30pm | SATURDAY: 9.30am-3pm

The Stolen Pizza

Pasta and Pizza O'Connell Street
Open Wednesday to Sunday

This week

Pasta Special!!*

Get any home made pasta
with Red Wine Bolognese Sauce
and a Free Beer for €9.95!!



Res: 021 4700488

www.thestolenpizza.com

*Adults Only for the free beer!

Sun 16th Oct

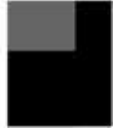
10 ARTISTS EXHIBITION

Temperance Hall - Kinsale

Jan Michel
John Power
Ruth Cadden
Raffaele Cappieri
Maree O'Sullivan
Tina Shee-Cappieri
& more



FITZGERALD & PARTNERS



Accountants & Registered Auditors
No. 9 Pearse Street, Kinsale, Co. Cork.

ONE DAY BUSINESS TROUBLESHOOTING CLINIC

*Are you stressed out from business
and feel like you are going backwards?*

*Do you need to look at your business
from a different perspective?*

Have you done a SWAT analysis on your business?

We work with our clients to help solve problems and try think outside the box to provide solutions to help clients survive and prosper in business. We work in total confidence and are happy to give you a free business consultation for 30 minutes in our office. We have helped turnaround businesses both from small, medium to large and work as consultants privately to some of Corks leading business people. We also handle international assignments for foreign businesses looking to set up in Ireland. We look at strategic planning and a range of issues affecting businesses.

**We are providing a FREE 30 min consultation
for one day only on Friday October 21st.**

Places allocated on a first come first served basis.

Contact Linda on 021-4774500
to book your appointment.

For more details visit
www.fitzgeraldandpartners.com



Cormac Fitzgerald FCPA

Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland.

*We would like to congratulate County Champions Kinsale and Courcey's
for their wins last Sunday. Congratulations to all involved in both teams!!!*



THE
BLUE HAVEN
COLLECTION

Well Done to Kinsale & Courcey Rovers

from all at The Blue Haven

**JOINT KINSALE & COURCEYS CELEBRATION & BBQ
HAMLETS SATURDAY 15th OCTOBER - COME & JOIN THE PARTY!!!**

Garden Sheds @ Dan Dempsey's



Galvinised Steel Sheds

Sizes

12X10 - 10X10 - 8X8 - 8X6

Call 086 821 7777

Fasttrack Broadband

**Providing High speed
broadband in your area!**

- Bandon
- Ballinadee
- Ballinspittle
- Old Head
- Dunderrow
- Kinsale
- Belgooly
- Riverstick
- Ballygarvan

No Phone line needed - No line rental
Local Company with a local support team
Packages starting from €23.50 per month



Contact Tristan on:

087 1211809

Ballinadee, Bandon, Co. Cork

email: info@fasttrackbroadband.ie

web: www.fasttrackbroadband.ie

Δ12
Seanachai

LATE OPENING EVERY

:: SATURDAY & SUNDAY NIGHT ::

Live Music with

Trad Routes 8.30pm – 10.30pm

followed by Crazy Chester from 11.30pm
in the Seanachai Bar

:: SUNDAY NIGHT PIZZA PARTY ::

Complimentary Pizzas
every Sunday night at 11pm



:: OPEN FROM 11.30pm ::

Free Admission for all Kinsale's
hard working Catering Staff



www.seanachaikinsale.com



www.studiobluekinsale.com

Tel. 021-4709736


THE
BLUE HAVEN
HOTEL

Sunday Lunch

Piano Sessions at The Blue Haven Hotel

An experience of excellent food,
service, style & great live music.



Served in our relaxing bar & bistro
from 12.30pm with live piano music from 1.30pm.

All dishes combine seasonal produce
from our garden & fresh seafood from our local shores,
carefully prepared by our team of chefs.

Our menu caters for healthy eating, vegetarian choices,
coeliac diets & children's options plus Sunday Specials.

The Blue Haven prides itself on delivering the ultimate in
friendly & efficient service to our customers.

To make a reservation call
021-4772209 or email: info@bluehavenkinsale.com

Book your place soon! Limited places left!



Cookery Demos

OCTOBER-NOVEMBER 2011
THE BLUE HAVEN HOTEL, KINSALE

Learn to cook delicious food, have fun, meet people and experience something new with the team of chefs at the Blue Haven Hotel cookery demos for October to November 2011 - book soon to reserve your place

TUESDAY OCTOBER 18th - 7pm

Winter Fare

Using seasonal ingredients
for mouth watering fare

TUESDAY OCTOBER 25th - 7pm

Chinese & Thai

Unlocking the mysteries of the Orient

TUESDAY NOVEMBER 8th - 7pm

Tapas Night

Relaxed delicious stylish dishes
for a great night in

TUESDAY NOVEMBER 15th - 7pm

Come Dine With Me

Become the perfect host with top
dinner party tips from our team of chefs.

TUESDAY NOVEMBER 22nd - 7pm

Cooking with Pastries

Stylish & sophisticated canapés & cocktails

TUESDAY NOVEMBER 29th - 7pm

Perfect Christmas

Taking the stress out of the Christmas feast

"Great enthusiasm.
Generous with people,
food & time"

WEDNESDAY 2nd NOVEMBER

10am-12.30pm (Mid Term Break)

Kids Cookery Demonstration Day

A fun morning of learning for your kids, to achieve a basic knowledge of great food, while having fun making some special dishes with our chefs from The Blue Haven Hotel – Limited Places so book early.

"Lovely food,
enjoyable night"

All classes on Tuesdays are €25 per class or get 4 classes for €90.
Kids Cookery Demonstration Day €25 per child. (Recommended ages 8-13 years)
Contact 021-4772209 | info@bluehavenkinsale.com



www.bluehavencollection.com

The **White House**

Fully Licenced Guesthouse & Bar

Breakfast Served 8am-12noon
Food Served Daily 12noon-10pm

Lunch Special from 12pm-3pm
Soup & Sandwich
with **Tea/Coffee €7.50**

Friday 14th October
Puc Ar Buile
Brilliant 4 Piece Trad Band, 10.30pm

Saturday 15th October
Liam & Ger, 10.30pm

Sunday 16th October
Mike O'Riordan, 9.00pm

Monday 17th October
Liam & Ger, 9.30pm

Saturday 15th October
3D Liverpool V Man Utd
Premiership, KO 12.45pm

Sunday 16th October
3D Newcastle V Spurs
Premiership, KO 4.00pm

Gift Vouchers Available

Your Hosts The Frauley Family & Staff

AA Tel: 021-4772125
Email: whitehse@indigo.ie
Web: www.whitehouse-kinsale.ie

FIT FOR FUN

EXERCISE & WELLNESS CLINIC



We design and develop specific exercise 'prescriptions' or exercise guidelines to complement, support and assist in the recovery, care and rehabilitation of

- General wellness & physical well-being
- Post cancer physical activity
- Neuro-muscular weaknesses
- Arthritis/osteo-arthritis
- Rheumatism
- Immunological disorders/weaknesses
- Cognitive & physiological child development
- Sports Specific Training
- Injury Recovery
- Preventative Care

**GET FIT – BE FIT
STAY FIT AND ENHANCE
YOUR WELLNESS**

For further enquiries or appointment
Contact us:

FIT FOR FUN
**Sabine Graef, Sports Science
& PE, Physical Coach**

14 Bradfield, Dunderrow,
Kinsale, Co. Cork

mob: 087 9872783
email: sabine@fitforfun.ie
www.fitforfun.ie

Alto Holistics

44 Main Street Kinsale

~ *Treatments* ~

Swedish Massage	€45	60 mins
Reflexology	€45	60 mins
Aromatherapy	€45	60 mins
Reiki	€45	60 mins
Indian Head Massage . . .	€45	60 mins
Back, Neck & Shoulder .	€25	30 mins
Lymphatic Drainage	€45	60 mins
Sports Massage	€50	60 mins

~ *Pamper Package* ~

Half hour Back Massage and
Half hour Reflexology treatment
Only €50

Half hour back Massage
& 15min head Massage
Only €40

**GIFT VOUCHERS AVAILABLE
OPEN EVENINGS
BY APPOINTMENT**

For an appointment please call

Sarah Tubridy on 087 9127271

Walk ins also welcome.

Looking forward to meeting you!

Piano Lessons



with
Bogna



**Classes beginning
October 2011**

All grades and levels welcome

Contact Bogna Siegel - O'Keeffe

M: 086 080 9258

T: 021 477 3484



THE LORD KINGSALE

Main Street, Kinsale.
Tel 021 477 2371

~ Live Music This Week ~
Saturday 15th October:

Kevin Mc

Wednesdays:

Trad Session

with Mark Long & Peter Harding

~ Bar Food Served Daily ~
from 12pm

~ Evening Menu Available ~
from 5.30pm

~ Ensuite Accommodation Also Available ~

Inverter Heaters



Most Efficient Heater In The World!

- ✓ Latest 2011 Model 5006CE
- ✓ Runs on paraffin
- ✓ Programmable timer
(will turn on/off as required)
- ✓ Cold surfaces
(eliminate burn risk)
- ✓ Child lock buttons
- ✓ Carbon monoxide monitor

✓ Lowest setting can run for up to
60 Hrs on a single 5L tank of fuel.

✓ Price: €290

Call: 086 821 7777
Dan Dempsey Tool Hire

The Folk House

Guardwell, Kinsale.
T: 021 4772382



www.folkhousevenue.com

ALL SPORTS SHOWN
On 2 Big Screens

**CHECK OUT
THE GREEN ROOM**
Also Available for Private Bookings

**UNRIVALLED WORLD
BEER MENU**

Now Available:

- Fuller's Honey Dew Lager & London Pride Cask Ale
- FREE BEER TASTING MONDAYS from 7.30pm to 8.30pm!



LIVE MUSIC

**FRI 14th OCT -
THE FRETS**
Lively 2 Piece Playing Trad to Jazz

**SAT 15th OCT -
iFUNK**
5 Piece Rockin' Funk & Soul

**SUN 16th OCT -
THE BIG
ORDEAL**
3 Piece Rockin Covers

**WED 19th OCT -
'REEL' TRAD
SESSIONS**
4 Piece Acoustic Trad Set

**THURS 20th OCT -
THE BLUEJAYS**
5 Piece Soul, Blues & Jazz

**FRI 21st OCT -
NATALIE DREY**
4 Piece Touring French Covers Band playing everything from Queen To Kings Of Leon.

**SAT 22nd OCT -
HOUNDOGS**

Bacchus Nightclub

Guardwell Kinsale

FRIDAY Doors 11:30pm
DJ Garian - 90s Club classics & chart
Free Entry b4 12:00am

SATURDAY Doors 11:30pm
DJ Sean - all the old & new classics
Free Entry b4 12:00am

THURSDAY Doors 11:30pm
DJ Mark - all the old & new classics
Free Entry all Night



Bulman Bar & *Toddies Restaurant*

SUMMERCOVE, KINSALE

Tel: 021 477 2131

Fáilte Ireland Tourist Bar of the Year 2010

Bridgestone
100 Best
Restaurants
In Ireland
2001-11



Best Gastro Pub
In Cork 2010/11
Irish Restaurant
Association

**Bite Size Menu
served in the bar
Tuesday to Sunday
6pm to 8.30pm**

~ Sample Menu ~

Duck Spring Rolls
with Asian Dip €8.50

Lightly Battered Haddock
and Chips €9.50

Freshly made Calamari
and Green Salad €10.50

Thai Green Chicken Curry
with Basmati Rice €9.50

Lightly Spiced Beef Salad €10.50
plus many more

Menu changes every evening

~ Bar Food ~

Served daily, 12.30pm-5pm

~ Toddies Restaurant ~

Open from 6.30pm

www.thebulman.ie



Kinsale
**Deep Sea Angling
& Scenic Tours**

**CHECK OUT OUR
NEW WEBSITE!!!**

38ft Aquastar, Operating All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours Include
The Old Head etc.
- Whale/Dolphin Tours



Contact Butch:

M: 086 103 6905

T: 021 477 8054

www.anglingkinsale.com

email: info@anglingkinsale.com

Bulman Bar & *Toddies Restaurant*

SUMMERCOVE, KINSALE

Tel: 021 477 2131

~ Live Music ~

Saturday 15th October @ 10pm

Live Music

Sunday 16th October @ 6.15pm

Boozy Schmoozers

with Sonny, Alan & Mike

Saturday 22nd October @ 10pm

Crazy Chester

Sunday 23rd October @ 6.15pm

Boozy Schmoozers

with Sonny, Alan & Mike

www.thebulman.ie



HERBALIFE.

Independent Distributor

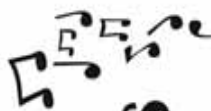
Affordable and effective

- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness
- FREE Wellness evaluation,
metabolism & body fat tests
- * NEW Weight Loss Challenge Classes
starting 10 & 11 Oct leading up to place!

Call RONI

086-8316681 or 021-4777891





THE GRAIN STORE AT BALLYMALOE PRESENTS



A Billy Crosbie Production

TIN PAN ALLEY



From Ragtime to Showtime



8pm Thursday 27th October

Tickets €20 to book call 021 4651511.

Early dinner at 6pm followed by concert €65. Booking essential on 021 4652531

Bus being organised by Billy Crosbie. Limited number of seats left. Return Bus Price €20.
If interested contact Billy at 087-2355258

BEAT THE FREEZE THIS YEAR

AVOID BURST PIPES WITH A **FROST PROTECTION CONVECTOR HEATER**

Our frost protection heater is ideal for use
wherever a low level of localised heat
or frost protection is required.

It can be used in your:

**Attic • Greenhouse • Shed
Conservatory & Airing Cupboards**

Call us now on:

086 2268274

NASH BROTHERS ELECTRICAL LTD.

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Email: info@nashbroselectrical.com

www.nashbroselectrical.com



Connor's
Pharmacy
Pearse St, Kinsale Tel: 021 4777688

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LIVE. RELIVE

SPOOKY HALLOWEEN OFFERS

GET 100 4 X 6 PRINTS @ €10
GET 100 5 X 7 PRINTS @ €15

**DEVELOP 1 ROLL
OF FILM...
GET EXTRA SET
FREE!!!**

valid until 6th
november

Terms & Conditions apply

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Reasonables Discount Shop

MARKET SQUARE (NEXT TO THE
CREDIT UNION/BARBER SHOP)

Birthday Cards etc.
all €1.00

Gift Wrap Paper
only 50c

Hallowe'en Stuff
...very Reasonable!



Toys

Hardware

**Mops, Buckets
& Brushes €5**

Get your gift for any season, where
do you go but to Reasonables!!!

Happy Happy Hallowe'en!!!



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Seafood Restaurant
on The Pier

Open 7 Days
From 12pm to 9pm

For Dinner Reservations:
Call 021 4700 415

www.fishyfishy.ie
credit cards accepted

LEMON LEAF CAFÉ

courtyard & food store

Now taking bookings for
**Christmas Parties
& Private Functions**
Call: 021 4709792

Open 7 Days

Serving Breakfast, Lunch
(plus Sunday Brunch til 2pm)

Breakfast Served

From 8.30am To 11.30am All Weekend...

70 Main Street, Kinsale
Tel 021 4709792





Actons Hotel Health & Fitness Club

Tel: 021 477 2345 Email: leisure@actonshotelkinsale.com



Free Wellness Evaluations available to members

Good nutrition and healthy eating advice. Protein requirements and hydration levels and much more.
Book at reception or call Neil on 087 9243100

~ Ongoing Classes ~

- Mon:** 6.30pm - 7.30pm Water Exercise & Weight loss with Alana (drop in)
6.30pm - 7.30pm Thai Boxing Ladies beginners with Nic call 086 0756000 (drop in)
7.30pm - 8.30pm Thai Boxing Gents all levels
- Tues:** 10.00am - 11.00am Fundamental Pilates with Rose call 087 1332326
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)
7.00pm - 7.45pm Spin Class with Scott (all levels)
- Wed:** 10.30am - 11.30am Water Exercise & Weight loss with Alana (drop in)
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)
- Thurs:** 10.30am - 12.00pm Parent and baby swim social (children free)
2.00pm - 4.30pm Swimming Lessons (to book in call Sue on 086 3828463)
6.30pm - 7.30pm Water Exercise & Weight loss with Alana (drop in)
7.00pm - 7.45pm Spin with Scott (intermediate / advanced)
- Fri:** 10.30am - 11.30am Pilates Ball with Rose 087 1332326 (bring your own ball)
7.30pm - 8.30pm Thai Boxing Gents all levels with Nic 086 0756000
- Sat:** 10.00am - 11.30am Vinyasa Yoga with Mary

Classes subject to change

**Complimentary use of pool, Sauna, spa, gym, etc.
with minimum spend of €30.00 on treatments**

Full body massage only €50.00

Indian Head Massage, Reflexology, Pregnancy massage, Deep tissue massage, Sports massage
Call in for Pamper Brochure.

Bookings for Massage and Relaxation treatments may be made at the Club.

10% Discount on Beauty & Massage Treatments & many more with your club membership

• Waterfront Bar & Restaurant • G-town Surf School & Sea Kayaking • Sovereign Sailing
Kinsale Outdoor Centre • ActionPak • Infant Massage Courses • Food for living • Studio Gallery

Ask at reception for more information

facebook

"Like" us on face book and keep up to date with our latest offers

€2 OFF
ALL CUTS
WITH THIS
VOUCHER
Not valid in
conjunction with
any other offer.

Wash & Cut ..€14
Dry Cut.....€12
Kids€10
Pensioners ...€10
Head Shave ..€10


Paul
the
Barber
TRADITIONAL & TRENDY

10 Market Place, Kinsale (Next To Credit Union)

Paul 087 1223 449

Opening Hours:
Tuesday-Thursday 10am-6pm
Friday 10am-7pm
Saturday 9am-6pm

Linda's Jewellery

Main Street, Kinsale

HALF PRICE SALE

on selected diamond jewellery
including sapphires, pearls, aquamarines,
gold, platinum, emeralds and opals.

Collections dating from contemporary
jewellery to Antique.

So ...If you are thinking of
getting engaged ...now is the time!!

Open 7 days a week
Mon-Sat 10.30am til 5.30pm
Sundays 2.00pm til 5.30pm

Tel: 021-4774754


Ralf's
Computer
Services est. 2002
& Internet Cafe

Lower O'Connell Street, Kinsale, Co. Cork
(Between Shanghai Express & The White Lady)

COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up
Home & Business Networking • Computer Upgrades
Home & Business On-Site Services

COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners

021 477 2042 **087 807 3006**

Email: Sales@CSonline.ie
www.csonline.ie

HANNON KITCHENS

KINSALE

§

*Kitchen & Bedroom Furniture
Supplied & Fitted*

Free Design & Quotation

*View our Large Choice
of Finishes at*

www.hannon.ie

T: 021-477 8639 / 021-488 8807
Kevin: 087 2901633

**Denis
Crowley
& Co**
Chartered Accountants



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Ballymartle GAA is holding a scrap collection event
to help raise funds for ongoing club development.

Scrap collection venue: **Ballymartle GAA Grounds Riverstick**

Date: **Friday 14th October 5pm 'til 9pm**

Saturday 15th October 8am 'til late

We will be very grateful for donations of any unwanted METAL items such as cars, machinery, lawnmowers, washing machines, tumble dryers, radiators, gates, feeders, galvanized sheets, batteries, piping, wire, engines, motorbikes, wheels (no tyres), copper cylinders and any general scrap.

We can help with collection if necessary.

Please contact any of the following for further details:

- Kieran Coleman 087 6357735 • Colm Sheehan 087 2796006,
- Frank Cronin 087 2712010 • Brendan Coleman 087 2899453 • John Butler 086 2647771
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10.30am	GYMBALL CLASS	GYMBALL CLASS	SKI COND.
11.30am			SENIOR FITNESS
7.00pm		SKI COND.	
8.00pm	SENIOR FITNESS	GYMBALL CLASS	

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 Booking or Appointment

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Transition Town Kinsale 50 Mile Meal Award

There was a wonderful array of '50 Mile Meals' at the Mad Hatter's Taste of Kinsale on Saturday 8th October. A big 'Thank you' to **Giana Ferguson** who had the difficult but enjoyable job of adjudicating them.

Congratulations to **Pearse O'Sullivan of Toddies @ the Bulman** who prepared the

'Most Exquisite' 50 Mile Meal:

Oysterhaven oysters smoked in Irish Oak, green bean salad topped with Stonewell cider jelly.
(Oysters - Jamie O' Dwyer, Haven Shellfish, Oysterhaven; Green beans - Colm O'Regan, Horizon Farm, Ballyregan, Kinsale; Stonewell Irish Craft Cider - Nohoval)

Olivier Queva of Max's Wine Bar received the **Transition Town Kinsale Special Commendation** for his array of 50 Mile Dishes including:
Ling, crab and lobster Sausage
(Lobster & crab - John O'Brien;
Ling - Matt O'Connell;
Eggs- Ballyregan Farm; Cream - CMP Dairy)

Giana also praised:
the 'delicate touch' of 'locally grown' chef Sean Williams of Crackpots restaurant;
Fishy Fishy who had two of their local suppliers serving their food - fisherman, Shane Murphy and Sarah Ager; Martin El-Sahan of The White House who served up an Autumn Game Stew with vegetables from their own garden, venison and rabbit from Lordan's Ballinspittle and pigeon 'shot near Bandon'.

The Transition Town Kinsale '50 Mile Meal' Award is given to dishes made from produce which has been sourced within 50 miles of Kinsale

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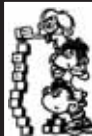
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*** POSTPONEMENT ***

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We are very sorry for the inconvenience
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AN SEANACHAI: Kick.
BACCHUS NIGHTCLUB: with DJ Garian, 11.30pm.
BALLYMARTLE GAA GROUNDS, RIVERSTICK: Scrap Collection, 5pm.
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FOLKHOUSE: The Frets.
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SAT 15th OCT

AN SEANACHAI: Mike O'Riordan, 7.30pm, plus Smoking 45, 10.00pm.
ARMADA BAR: The Ferryman.
BACCHUS NIGHTCLUB: with DJ Sean, 11.30pm.
BALLYMARTLE GAA GROUNDS, RIVERSTICK: Scrap Collection, 8am.
BLUE HAVEN: The Aristocrats, 10pm.
BULMAN, SUMMERCOVE: Live Music, 10pm.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily
DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: iFunk.
HAMLETS: Live DJ plus Kinsale & Courceys Celebration.
HARBOUR CRUISE: From The Pier @ 2pm & 3pm

LORD KINSALE: Music with Kevin Mc.
STUDIO BLUE NIGHTCLUB: Doors 11.30pm.
WHARF TAVERN @ THE TRIDENT HOTEL: Live Music with Celtic Spirit, 9.00pm.
WHITE HOUSE: Liam & Ger, 10.30pm.

SUN 16th OCT

AN SEANACHAI: Trad Routes, 8pm.
Crazy Chester, 11pm.
ARMADA BAR: Bobby & Eileen.
ART EXHIBITION: 10 Artists, Temperance Hall.
BLUE HAVEN: Piano Sessions, 1.30pm.
Sonny & Friends, 9pm.
BULMAN, SUMMERCOVE: Boozy Schmoozers, 6.15pm.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily
DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: The Big Ordeal.
HAMLETS: Clem & Katie.
HARBOUR CRUISE: From The Pier @ 2pm & 3pm
STUDIO BLUE NIGHTCLUB: Doors 11.30pm.
WHITE HOUSE: Mike O'Riordan, 9.30pm.

MON 17th OCT

AN SEANACHAI: Tony O'Shea.
BLUE HAVEN: Arundo, 9pm.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily

DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: Free Beer Tasting 7.30pm to 8.30pm.
WHITE HOUSE: Liam & Ger, 9pm.

TUES 18th OCT

ACTIVE RETIRED ASSOCIATION: Film Show, Temperance Hall, 2pm.
AN SEANACHAI: Trad Routes, 10pm.
ARMADA BAR: Whiskey & Lace.
BLUE HAVEN BAR: Sonny & Friends, 10pm.
BLUE HAVEN HOTEL: Cookery School, 7pm.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily
DON & BARRY'S TOURS: 11.15am, Tourist Office.
KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm.
KINSALE COMMUNITY SCHOOL: Open Night, 7.15pm-9pm.
LEMON LEAF CAFÉ: Mother & Baby Group 10am-12pm. For Info Contact Clare: 087 419 8764

WED 19th OCT

AN SEANACHAI: Arundo.
BLUE HAVEN BAR: Mike O'Riordan, 10pm.

DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily
DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: The 'Reel' Trad Sessions.
LORD KINSALE: Trad with Mark Long & Peter Harding.

THURS 20th OCT

AN SEANACHAI: Trad Routes, 9.30pm.
BACCHUS NIGHTCLUB: with DJ Mark, 11.30pm.
BLUE HAVEN: Arundo, 10pm.
DALTONS BAR: Traditional Irish Music & Ballads.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily
DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: The BlueJays.

FRI 21st OCT

AN SEANACHAI: An Poc Ar Buile.
BACCHUS NIGHTCLUB: with DJ Garian, 11.30pm.
BLUE HAVEN: Crazy Chester.
DERMOT RYAN'S HERITAGE WALKS: From The Tourist Office, 10:30am Daily.
DON & BARRY'S TOURS: 11.15am, Tourist Office.
FOLKHOUSE: Natalie Drey.
HAMLETS: Live DJ.

*Congratulations
to the victorious
Kinsale & Courcey teams
in their County Finals
from all at the Kinsale Advertiser!*

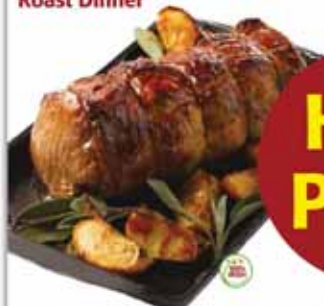
Trish Gallagher, wife of Presidential candidate Sean Gallagher will be in the Blue Haven on Friday 14th October from 4pm-4.30pm. All welcome to come along and meet her.

SuperValu
 Real Food, Real People



Great Offers Across The Store

Roast Dinner



SuperValu Quality Irish Pork Loin Roast (Butcher Counter Only)
 was €9.69/kg Now €4.84/kg

**Half
 Price**



SuperValu Washed Roosters Carrypack 5kg
 was €6 Now €3



**€6.99
 Each**



€2 Sale



**€2
 EACH**

See Instore for Details

Sweet Treats



**€6
 EACH**

**Half
 Price**

McVitie's Victoria
 Tin 750g
 Was €15
 Now €7.50

Fox's Fabulously
 Special Tin
 Assortment 750g
 Was €14
 Now €7

All offers valid from Monday 10th until Saturday 15th October 2011.

SuperValu Washed Roosters Carrypack 5kg 48c/kg, Cariboni Roast Tin 500g €1.80/kg, Cariboni Roast Tin 800g €1.30/kg, Newell Quality Sweet Tin 1kg 49c/kg, Calabroffine Tin 500g €1.01/kg, McVitie's Victoria Tin 750g €10.34/kg, Fox's Fabulously Special Tin Assortment 750g €7.50/kg, Dillmore Mince Tin 400g Red/White was €9.99, Heaton White/Caramel Sausages/Tomatoes/Beans/Sauce was €9.99, Patis Blanc Mince/Chardonnay/Tourty Assortment was €9.99, Justin Claret/Pearl Crigis Regional was €9.99, Conchos Dry Mince was €9.99, Esperto Lean Roast Caramel Sausages/Market/Sausages Blanc was €9.99, Eagle Steak Caramel Sausages/Market/Chardonnay/Sauces Chardonnay was €9.99.

All offers subject to availability while stocks last. Enjoy alcohol responsibly. Customer queries may apply.

